

Red Lens Activity 5

Patch your dominant eye with a red lens patch. Using a red pen, pencil, crayon or marker, start at the star on the smallest circle. Color in the star then trace the line counter-clockwise. Move to the next circle. Color in the star then trace the line clockwise. Alternate between clockwise and counter-clockwise as you move out to the largest circle. Be sure to focus on what you write as you go, moving only your eyes to track. You should be using your non-dominant eye to do this exercise.

