

Concentric Circles

Patch your dominant eye. Start at the star on the smallest circle. Color in the star then trace the line counter-clockwise. Move to the next circle. Color in the star then trace the line clockwise. Alternate between clockwise and counter-clockwise as you move out to the largest circle. Be sure to focus on what you write as you go, moving only your eyes to track. When you finish go back and try to trace between each circle without touching any lines.

